

# Twickenham & Richmond **TRIBUNE**

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- TwickerSeal
- Alan Winter
- Emma Grey
- Kew Book Shop
- Sammi Macqueen
- Shona Lyons
- Alison Jee
- Mark Aspen
- Bruce Lyons
- Doug Goodman
- St Mary's University
- RFU
- CVS Richmond
- LBRuT

## Editors

- Berkley Driscoll
- Teresa Read



# TickerTape - News in Brief

## Man dies after being found unresponsive at Twickenham shop

Police were called by London Ambulance Service to a convenience store in Kneller Road, Twickenham at 19:18hrs on Thursday, 10 October. Officers attended and found a man aged in his 60s unresponsive. He unfortunately died in hospital a short while later. His next of kin have been informed. Police are not appealing for witnesses at this time.

## Community Conversation

West and South Twickenham (Tuesday 15 October) at Waldegrave School

## The Cabbage Patch 10 returns

After fears for its future earlier this year, The Cabbage Patch 10 road race returns on Sunday 13th October.

Starting from Church Street, Twickenham at 9am the course crosses the Thames at Kingston and Richmond bridges and finishes at York House in Twickenham. Details of the race can be found [HERE](#)

## Twickenham Library to receive some much-needed TLC

Grade 2 listed Twickenham Library is set to receive some much-needed TLC over the next few months and users of the library are invited to help shape the plans.

The consultation will launch on 1 October for one month. Residents can have their say online, or by attending one of the drop-in sessions or focus groups being organised at the library.

Take part in the online survey [HERE](#), or attend a drop in on at Twickenham Library on:

Friday 11 October: 1 to 3pm, and 4 to 5.45pm

Saturday 12 October: 11am to 12pm

Tuesday 15 October: 1pm to 3pm

Friday 25 October: 9.30 to 11.30am

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**020 8894 1799**

[info@skyelectrical.co.uk](mailto:info@skyelectrical.co.uk)

Unfortunately, the gate was locked even though it was well within opening hours. Hoping not to be mistaken for one of those Extinction Rebellion loons, TwickerSeal hopped over the gate and made his way along the scenic path.

TwickerSeal bumped into TwickerDuck, who explained that when there is an event day at Twickenham Stadium the lane has to be closed. TwickerSeal was puzzled as he didn't realise there was a rugby international on as surely, they were all in Japan! Turns out TwickerSnail was having his birthday party in one of the function rooms at the stadium and, as there might be more than 30 guests, the council thought it best to close the pathway for safety and to prevent antisocial behaviour (you know what those snails can be like!).

In a sad twist, TwickerSnail was late for his party having fallen foul of the borough's new speed limits.



In 1868 the Richmond Infirmary opened in "Rosedale" which was a house in Kew Foot Lane. It had 15 beds and treated acute surgical and medical cases.

The Duke of Cambridge became its first Royal Patron in 1873. At this time the average cost of keeping an in-patient at the Infirmary was just under 4s 5d per day (22pence in today's money). In 1895 Queen Victoria became the Infirmary's Patron and directed that it should be known as Royal Hospital, Richmond. Within a year or so the hospital had some 40 beds and cots. In addition a nurse's home was built at the end of the hospital away from the wards. Each nurse had a spacious, comfortably furnished sitting room. Total cost of the nurses building was £6,235.

Edward VII became Patron in 1901. The hospital was now up to 60 beds as the nurse home had freed up additional space on the wards. At this stage the hospital was considered to be very up to date and was popular in the district.

In 1904 a new out-patients wing was opened by the Duchess of Albany. During the First World War, 50 beds were reserved for injured servicemen. By the time we get to 1930, the hospital had 88 beds and further buildings housed a new operating theatre and X-ray department.

Our postcard can be dated at around 1910 -15 I think.



The Royal Hospital, Richmond continued to expand and by 1948 when it joined the NHS there were 121 beds under the control of the Kingston Group Hospital Management Committee. By the 1960's the expansion had ceased and in 1970 the Casualty Department closed followed by the wards in 1977. The hospital continued as an Out-Patients department and Rehabilitation Unit.

The buildings were listed in the 1980's as the possibility of closure arose. The following was written by the NHS earlier this year (2019)

"Due to the listed status of the Richmond Royal Hospital site and the age of the buildings, it is not possible to create an environment to suitably meet modern mental health care standards for our patients and deliver a good working environment for our staff.

In December 2015, the Richmond Royal site was declared surplus in order to raise the funds needed to support our wider Estates Modernisation Programme. As a result the site was placed on the market in January 2017. We will be retaining a presence at Richmond Royal and intend to still provide high quality services from the site. Services and staff levels within the borough of Richmond will not be reduced as a result of the estates work and we are currently working with staff, patients and local representatives to establish some new locations within the borough for some of our services.

In order to ensure building work does not disrupt the delivery of care some services may be temporarily relocating to Barnes Hospital in April 2019. We will be working closely with patients and carers to communicate any temporary changes. Your clinical team will be providing you with information on how this may affect you and updates will be displayed at Richmond Royal in early 2019. “

I picked up a lot of this info from an interesting web-site called Lost Hospitals of London so my thanks to those on that site who pulled the information together.

Don't forget the local postcard fair today (Saturday 12th October) at Teddington Baptist Church in Church Road. Admission £1 from 10.00 – 4.00. I shall be there by the stage with tables of postcards for sale from 20 pence to a few pounds. I have decent stocks of cards from this borough as well as other parts of West London so if you fancy popping in for a look round do come and say hello. I buy as well as sell so feel free to bring in any old postcards you don't want.

My search for old postcards continues. I am always looking for old postcards and old photograph albums etc. The postcards can be British or Foreign, black and white or coloured and of places or subjects. If you have any that are sitting unwanted in a drawer, in a box in the loft or in the garage or under a bed, please contact me on 07875 578398 or [alanwinter192@hotmail.com](mailto:alanwinter192@hotmail.com) I would like to see them and I pay cash!

## WEST LONDON POSTCARD FAIR

including STAMPS

**TEDDINGTON BAPTIST CHURCH**

Church Road, Teddington TW11 8PF

**SATURDAY OCTOBER 12<sup>th</sup> 2019**

10.15am - 4pm



Twickenham Green  
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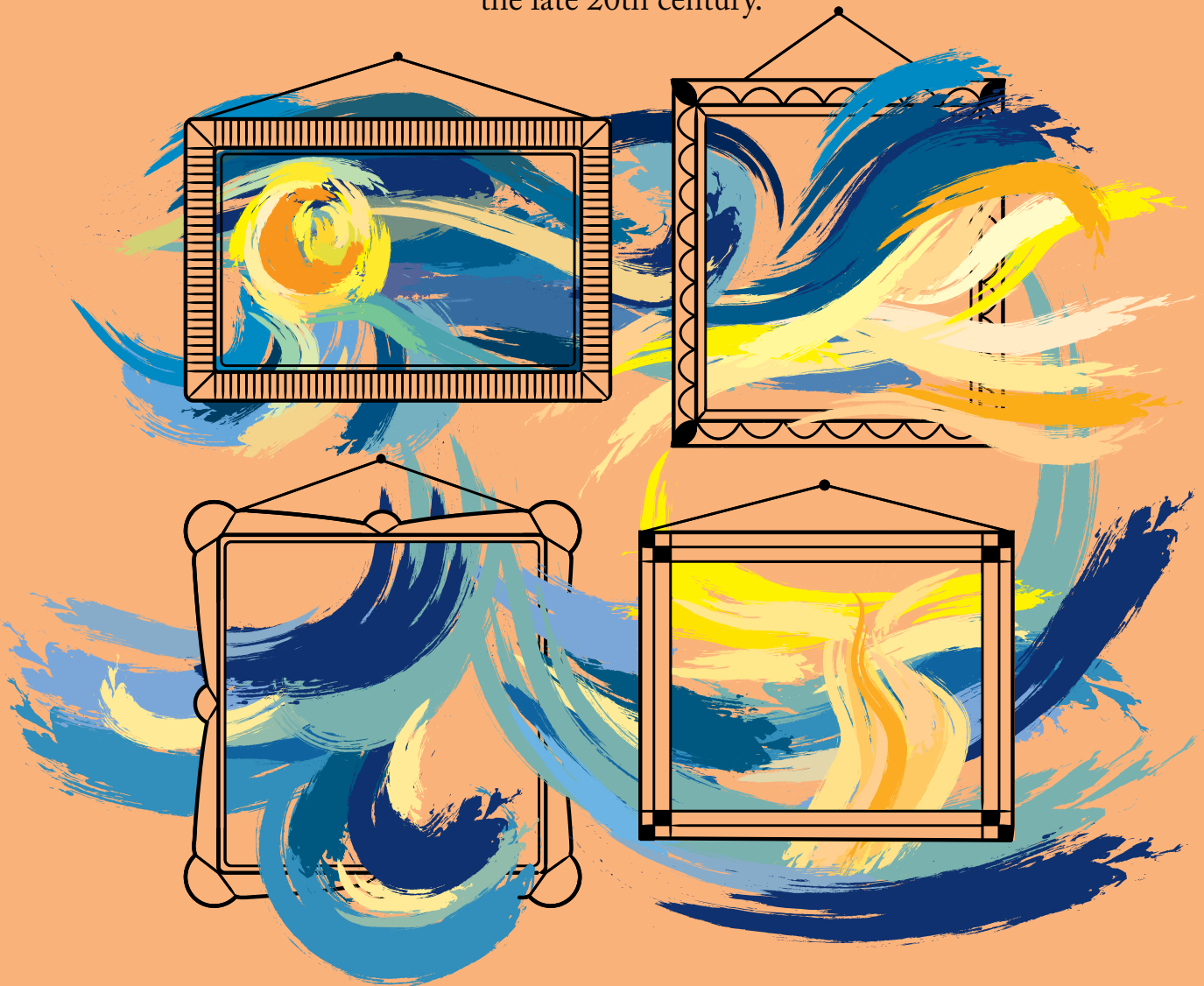
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**ALLERGY ADVICE**  
Please note that some of our dishes contain dairy, nuts, eggs and other allergens. If you suffer from any food allergies, please make sure to inform us before placing your order.

# Pictures at an Exhibition

Saturday 19th October 2019, 7.30pm

Step into the gallery as the choir take us on a private view with music that reflects themes present in four well-known paintings. Expect the roughness of the high seas, the wonder and solitude of travel and exploration, and the calming hush of starry nights. Music selections from the Renaissance and Age of Enlightenment through to the late 20th century.



Tickets £15 (under 12s, £8)

from [www.ticketsource.co.uk/cantanti-camerati](http://www.ticketsource.co.uk/cantanti-camerati)  
or Cantanti Camerati 020 8898 8020  
or on the door if available.

**The Exchange Theatre**

London Road

Twickenham TW1 1BE

[www.cantanticamerati.org.uk](http://www.cantanticamerati.org.uk)  
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# Arts and Entertainment

By Emma Grey



Saturday 26 October to Saturday 2 November at the Mary Wallace Theatre. Hamlet by William Shakespeare.

Sunday 17 November to Saturday 23 November at Hampton Hill Theatre. Pornography by Simon Stephens. 2005, London in crisis. Stories of euphoria, fantasy and despair.

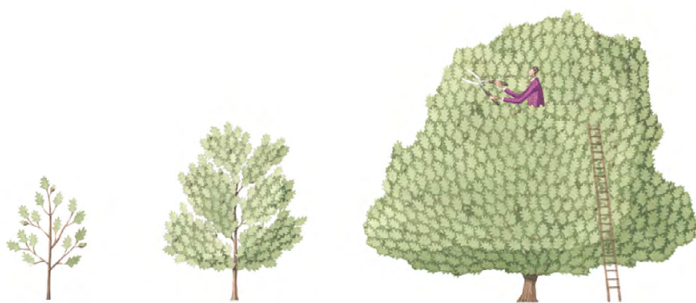
Sunday 17 November, 2.30 at the Landmark Arts. Centre Classics in the Afternoon, Roman Rudnytsky.

Jazz, rock, and blues music enthusiasts who head to the bars at The Cabbage Patch Pub in London Road are advised to visit Twickfolk, Twickenham Jazz Club and Eel Pie Club websites to check what's on.

Saturday 19 and Sunday 20 October 10 am – 5 pm Landmark Arts Centre. Autumn Art Fair.

10 Minute Lunchtime Talks at Turner's House, Sandycombe Lodge, Twickenham, Starting at 12.45. Meet the artist: Nicky Carvell – Saturday 19th October, Turner the Fisherman – 7th November, Turner's Women – 5th December. Book in advance.

***If you are interested in advertising an Arts & Entertainment event write to [advertise@twickenhamtribune.com](mailto:advertise@twickenhamtribune.com) for further information.***



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darryl parkin

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*The Tree Agency*





**Richmond  
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Society**

**The next concert is on**

**Tuesday 22nd October, 7.45pm**

**A wonderfully varied evening of song**

**Acclaimed soprano Carolyn Sampson and  
pianist Joseph Middleton perform songs by  
Haydn, Debussy, Mahler and others**

**St Margaret's Church, Twickenham, TW1 1RL**

**See our website for further details**

**[www.richmondconcerts.co.uk](http://www.richmondconcerts.co.uk)**



the Richmond Shakespeare Society  
at the MARY WALLACE THEATRE  
Embankment, Twickenham, TW1 3DU

# HAMLET by William Shakespeare

No need, I imagine, to introduce you to Shakespeare's finest and most performed play. You've seen it before several, perhaps multiple times. But our forthcoming October production, directed by Susan Conte, will allow you to experience it anew....

In the rain-soaked streets of modern Denmark, civil unrest is simmering. Old Hamlet, the King has died suddenly and mysteriously. Rumours of murder are rife. His brother Claudius, in breach of all custom and law, has seized the throne - and then married the widowed Queen. Young Hamlet, the heir apparent, has been brushed aside. Can friends, allies, political manoeuvring or popular support for Hamlet prevail - or will violence,



murder and regicide bring down the royal house.

Our October production, with a young female actor in the title role, may well alter forever your perceptions of a play you thought you knew.

Playing dates for HAMLET – Saturday, October 26th - Saturday, November 2nd

Booking on RSS website - [www.richmondshakespeare.org.uk](http://www.richmondshakespeare.org.uk)

**HAMLET**  
by William Shakespeare  
Directed by Susan Conte

Richmond Shakespeare Society  
**RSS**  
at the Mary Wallace Theatre

The Mary Wallace Theatre  
The Embankment  
Twickenham  
TW1 3DU

Saturday 26<sup>th</sup>  
October to 2<sup>nd</sup>  
November 2019

Box Office  
07484 927662  
(10am to 7pm)

[www.richmondshakespeare.org.uk](http://www.richmondshakespeare.org.uk)

Tickets from £10

Richmond Shakespeare Society is a registered charity No. 276271, a member of the Little Theatre Guild of Great Britain and affiliated to arsrichmond

There are more things in heaven and earth, Horatio,  
Than are dreamt of in your philosophy.



# Celebrities join the Kew Bookshop 30TH Celebration

The Kew Bookshop, Station Approach Kew is turning 30. This is phenomenal, considering the fate of bookselling over the past 15 years or so...threatened by the 'Luxembourg Bandits', e-books and Kindles. But no, Bookselling in Kew is alive and well, e-books never took off, and customers prefer real shop interaction rather than Amazon Algorithms when looking for new and exciting books to read. Book shops are great for local communities and work hard to support the government loneliness concerns.



For the 30th Birthday there will be loads of authors visiting. Former Blue Peter presenter Konnie Huq, bestselling kids author Kes Gray, wordsmith and wit Gyles Brandreth, exceptional biographer Claire Tomalin, and a host of other authors. We are thrilled that Lord Melvyn Bragg will be coming along. He opened the shop 30 years ago, so it is wonderful that he is returning after all this time.

The celebrations will be over two days. We'll have cake, samples, goody bags etc. Old photos and pictures will be on display.

Adam & Wendy Hewson took over the shops in December 2016, Caroline Blomfield opened the shop 30 years ago. She will be joining in the celebrations.

More details at [hewsonbooks.co.uk](http://hewsonbooks.co.uk)



# Christmas comes to Church Street

This week if you popped down to Church Street, Twickenham you could have been forgiven for thinking that Christmas had started early this year.

Don't worry, it's just what has become an annual event in picturesque Church Street, namely filming TV adverts for the coming season.

This time it was the turn of TJ Maxx to transform the 'Jewel in Twickenham's Crown'.



# Community Roadwatch to be rolled out

As the new 20mph speed limit continues to be introduced across the borough, the Council is supporting local group 20's Plenty in rolling out a new Community Roadwatch scheme, to help further reduce vehicle speeds on our roads.

Community Roadwatch gives local residents the opportunity to work side by side with their local police teams and use speed detection equipment to identify speeding vehicles in their communities. Warning letters will be issued where appropriate, and the information can help to inform the future activity of local police teams.



The scheme is delivered by Richmond 20's Plenty group. Roadwatch events regarding the initiative are being held in areas where 20mph has already been implemented. The next sessions are:

- Saturday 12 October for residents in Hampton North
- Wednesday 23 October for residents in Hampton

Residents wanting to support either of sessions are asked to contact 20's Plenty for more information.

Community Roadwatch is a recognised initiative and has already been rolled out in a number of other boroughs in London, including Bromley, Lewisham, Greenwich, Southwark, Brent, Barnet, Haringey, Hillingdon, Ealing, Enfield, Harrow, Hackney, Tower Hamlets and the City of London.

Cllr Alexander Ehmann, Lead Member for Transport and Air Quality for Richmond Council, said:

*"I have always been clear, we need to make our roads safer for all who use them. But there isn't one quick fix. We need to reduce our speeds. The introduction of 20mph will make a difference. And, my view is that if it saves one life then it will have been worth it."*

*"Community Roadwatch is a great example of the community working with local safer transport teams to help reduce speeds in the area and thus working to improve road safety."*

*"Similar projects have been in place up and down the country for some years. It relies on volunteers coming forward who want to make a difference in their community and we will work with them to make their community safer and stronger for everyone living there. We will be rolling out further events throughout the weeks and months ahead."*

If you are interested in attending one of the sessions, please RSVP by contacting Richmond 20's Plenty group at [richmond20splenty@gmail.com](mailto:richmond20splenty@gmail.com).



# WANTED - Trustees for Local Charities

## Richmond Trustee Recruitment Event Thursday 14 November 2019, 6pm - 8pm

*“Trusteeship has given me pleasure in meeting and working with our clients and satisfaction in offering my professional skills to support a vital charity”*

Being a trustee is a crucial and varied volunteering role and you might be surprised to find you have the skills to take it on.

Every organisation needs strong support and guidance and a Board or management committee with a diverse make-up can help ensure an inclusive perspective. Whatever your background, interests or expertise, you can make a difference in your local community.

Join the [Richmond CVS Trustee Recruitment Event](#) for some first-hand insights into the role of a trustee and to informally meet with organisations who are looking for a wide range of people to join them. Find out how to get involved and how you can contribute to the ongoing development of the borough’s many local organisations.

This free event takes place on Thursday 14 November, 6pm to 8pm, at Richmond and Hillcroft Adult and Community College (RHACC), Parkshot, Richmond.

For more information and to register for this event, [visit our Eventbrite booking page](#).

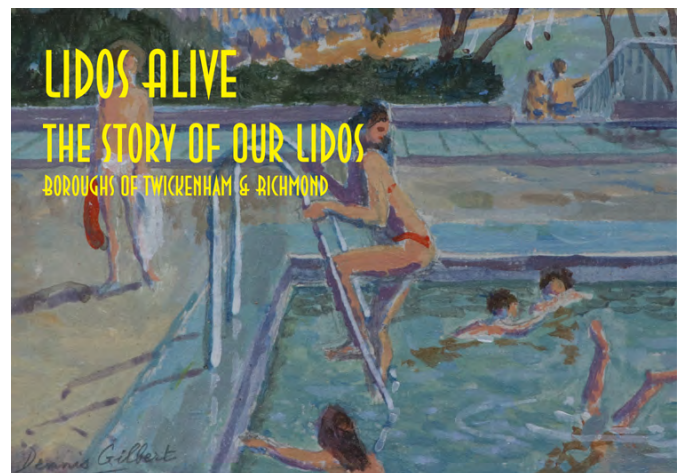
To find out more about volunteering opportunities in general, take a look at [www.richmondcv.org.uk](http://www.richmondcv.org.uk).



This event is organised by Richmond CVS in partnership with RHACC.

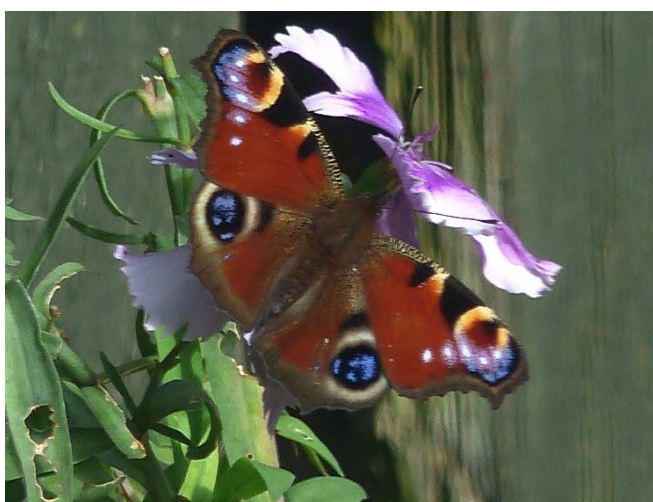
## An Ideal Present for just £6

Lidos Alive – the Story of Our Lidos - is a 63-page A5 book with colour photos and illustrations full of interesting information about the history of outdoor swimming in the Borough and the rise of the lido. Contents include Mereway Bathing Place, pools in Bushy Park, Hampton Pool, Teddington Pool, Hampton Wick, Tagg’s Island, Marble Hill, Twickenham Baths, Pools on the Park and other interesting stories.



Books can be purchased at Crusader Travel in Church Street, Twickenham and Premier Wines next to Strawberry Hill Station.

## Fungi and Flowers



### *My Voice Becomes the wind; Mushroom-hunting.* 19th Century Haiku by Poet Shiku

Fabulous mushrooms are to found on a walk in our parks and if you want to know more about fungi then read Michael Jordan's book "Mushroom Magic" which is fascinating and informative. ISBN 0-241-12844-7 Elm Tree Books. We were also tempted with Jamie's recent mushroom pastie/veggie recipe on TV! Delicious. A Peacock Butterfly visited a late bloom in the garden and the Hedgehog House is awaiting residents. We have tried our best to make it welcoming: dry, warm and safe from predators but these are wild creatures and they will choose where they want to be. Natural habitat is always the best and established hedgerows, trees and grasslands need our protection more than ever. Nature Conservation is a valid planning objection but what does that mean and how high up the agenda is this point in our decision-making process with all the demands from other interest groups? Is off setting and gains to be made for planning approval worth the benefits against the losses entailed from the deterioration of Air Quality, Habitat and Living Conditions? It depends on where we place our emphasis and we could say 'Health or Wealth'. Or do we now realise that Health is Wealth? Take a look at the Lidl Committee Meeting video from last week and perhaps consider who you vote for next time we need Councillors to speak up for the next generation who may value the air they breathe over shopping or even jobs.

[https://richmond.public-i.tv/core/portal/webcast\\_interactive/445505](https://richmond.public-i.tv/core/portal/webcast_interactive/445505)

The River Crane Sanctuary website <http://e-voice.org.uk/rcs/>

## Government's new Planning proposals could leave neighbours "powerless"

New rights to allow two-storey upward extensions on family homes without planning permission would be a disaster and could leave neighbours powerless, says Richmond Council.

In 2013 the Government relaxed planning rules for smaller, residential extensions without the need for planning permission. Following on from this, the Government has now announced plans to extend Permitted Development rights even further, enabling homeowners to add an extra two storeys to their home without seeking planning permission.

These proposals have been described by the highly respected Royal Town Planning Institute as compounding "the disaster of low-quality housing created under previous extensions to permitted development".

Cllr Martin Elengorn, Chair of the Environment, Sustainability, Culture and Sport Committee, said:

*"We already have sub-standard flats being created from offices under previous Government relaxations of Planning rules, now we have the prospect of neighbours and the Council being powerless to object to or prevent ill-judged carbuncles on top of blocks of flats or individual houses. We will vigorously oppose these ill-conceived proposals".*

## Celebrating 25 years of the Fairtrade mark

To celebrate 25 years of the Fairtrade mark, Richmond Council has unanimously agreed to support Fairtrade by integrating criteria into future procurement processes.

Richmond upon Thames has been a fairtrade borough for 13 years. Now, to mark 25 year of the Fairtrade Mark, Richmond Council agreed at the last Council meeting to encourage its partners to buy fairtrade goods and, where possible, follow by example in its own procurement processes.

Cllr Suzette Nicholson from Hampton, proposed the motion, she said:

*"Richmond residents have embraced fairtrade over the past decade, and we want to thank them for that. Fairtrade is about better prices, decent working conditions and fair terms of trade for farmers and workers. It's about supporting the development of thriving farming and worker communities that have more control over their futures and protecting the environment in which they live and work. And it's a way of using our power as consumers for good – telling retailers that we want to give something back. It is only right the Council encourages others to support Fairtrade through our procurement processes."*

Cllr Pamela Fleming from Richmond seconded the motion. She added:

*"I would like to thank all those in the borough who are committed to using or selling fairtrade products – a commitment that helps farmers and workers in the developing world who grow our food. We all have the power to make trade fairer and hopefully over the next ten years we can encourage even more people to step up their support for fairtrade."*



# THE KINDRED SPIRIT BAND

“FOLK ROCK MEETS CLASSICAL  
WITH A SCIENTIFIC EDGE”

RACHEL MANN PROG



photo Prog Stan S

## ELEMENTAL



ELAINE SAMUELS & KINDRED SPIRIT BAND

### HAVE A STUNNING NEW ALBUM

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MIRACLES, DISCOVERY AND INSPIRATION

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PROG MAG NO 102

SALES OF THE ALBUM  
AT THE LAUNCH CONCERT  
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START**

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LAUNCHING

## SATURDAY 2ND NOVEMBER

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ERNCROFT WAY, TWICKENHAM, TW11 1DA

DOORS 7PM.

FIND OUT MORE

TICKETS £8

[WWW.KINDREDSPIRITBAND.CO.UK](http://WWW.KINDREDSPIRITBAND.CO.UK)

Dear Twickenham Tribune

### Travel woes

Last week I read with interest the letter from Christina Gore about her problems with using public transport, i.e, in this case Twickenham Station.

I must say that I have experienced similar problems with Twickenham Station; I really sympathised with Christina as I have found it to be a nightmare situation arriving at that station late at night with no one to give assistance and little in the way of directions amongst the unfinished building works.

However, this week I have also had a very unfortunate experience in connection with the use of public transport. Needing to make a short journey to Teddington I decided to leave the car at home and use the bus. Getting there was fine but on arriving back I fell foul of the Council's failure to repair the paving stones near the bus stop and now have various injuries.

It is little wonder that the car seems to be the best option. Or, does the Council expect us to all use bicycles? Of course this is very difficult in my present condition.

Name and Address Supplied  
(Twickenham)

# Light Up At Night!!



**Stay Safe**  
When cycling at night  
always use a light

A Twickenham Tribune Campaign  
[www.TwickenhamTribune.com](http://www.TwickenhamTribune.com)



# Green councillors elected as Parliamentary candidates

Richmond & Twickenham and Kingston Green Parties select Richmond Borough Councillors Richard Bennett and Andree Frieze to contest Twickenham and Richmond Park parliamentary constituencies, respectively.

Green Group Leader Richard Bennett and Deputy Leader Andree Frieze, who are elected councillors for Richmond Borough, have been selected to stand as the Green Party Prospective Parliamentary Candidates for Twickenham and Richmond Park parliamentary constituencies.

Richard Bennett is Councillor for South Twickenham ward and has lived in Twickenham for more than 40 years. Formerly vice president of a large American corporation, Richard is Leader of the Greens in the council. Richard works hard to achieve cross-party support for policies responding to climate change, and he is determined to make Richmond the greenest borough in London.

Cllr Bennett says: "The next General Election should not be solely focused on Brexit. Green issues must be given greater prominence. I believe that the other political parties will only do this when voters give them the message by opting to vote Green."

Andree Frieze is Councillor for Ham, Petersham & Richmond Riverside ward and is also the candidate for the South West Constituency seat for the 2020 London Assembly Election. Previously Andree was the Green Party candidate in both the 2015 General Election and 2016 London Assembly Elections. Andree has lived in Ham for 19 years and is an active member of her local community, sitting on both Ham Parade Market and Ham & Petersham Neighbourhood Forum committees and as governor for Meadlands School.

Cllr Frieze says: "This is clearly going to be a difficult General Election with Brexit yet again the main focus. Green Party policy is to have a People's Vote on any Deal, with the option to Remain on the ballot paper. However, we cannot let Brexit override the ongoing Climate Emergency which poses an existential threat to all life on this planet. A vote for me and the Green Party is a vote to save the world."



Cllr Andree Frieze



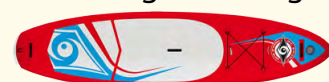
Cllr Richard Bennett



## SUP-YOGA & SUP-PILATES CLASSES IN TWICKENHAM

SUP-Yoga & SUP-Pilates classes offer a unique, dynamic and fun way to challenge your fitness on water! The sessions are taken on anchored paddleboards floating on water. The buoyancy of the water adds intensity to every movement and makes a refreshing change from usual mat classes. The classes suit all levels and abilities. EPIC SUP are running SUP-Yoga and SUP-Pilates classes from Twickenham Rowing Club, this summer.

To book or for enquiries contact: [coach@epicsup.org](mailto:coach@epicsup.org)





We continue to receive interesting stories and photographs about people's memories of Richmond borough's Lidos. Recently we received a number of photographs from Michael Nancollas, some of which are shown below. [www.LidosAlive.com](http://www.LidosAlive.com)



About 1950 June Nancollas, Michael Nancollas, Gloria Peacock, Lewis Mould, Don Partridge.

Above, June Nancollas (my mum), me Michael Nancollas, Gloria Peacock, Don Partridge (my cousin the busker) and our neighbour Lewis Mould who owned the Lynton Cafe in Water Lane. The Man at the back in the white coat was probably Mr Bates the butcher. (c1950)



*Above and below*  
Twickenham Swimming Baths taken as they were left derelict in the 1990's

Photos by Michael Nancollas



# Church Street Gossip by Shona Lyons



This week's gossip has to talk about the film shoot that we had this week for the American Brand TJ Maxx (The same as TK Maxx in this country) They must have spent a million or more as I think it's the biggest thing that we ever had in the Street. They basically used Church Street and its shops as a shell for 2 nights and dressed the street with all kinds of lights and elaborate Christmas decorations and then took all night to shoot from 6pm until 6am with 100s of extras and a huge film crew with all kinds of cranes and lighting apparatus and cameras (having arranged for most of the residents to stay at local hotels for the 2 nights)



They have been quite a few grumbles as some people like Tsaretta Spice were given rather ingenuous information and offered rather paltry compensation and then told when they decided it was better for them to stay open, that the filming wouldn't affect the bottom end of the street anyway. Tsaretta Spice had tried to make sure they would be full for both nights with a generous offer to Church Street Businesses and Residents of 15% off their bill on these dates during the night and 20% at lunch, but during the evening found that the road was impassable to pedestrians anyway. We know as we were working hard trying to get the bill to Partizan for all the accommodation they had asked us to book for the residents on their behalf, and it took Bruce until about 9.30pm and when we tried to walk through the street to get home we were told we couldn't.



It was really eerie as they had turned our beloved Church Street into a film set and it did seem rather strange albeit very beautiful. Today they are cleaning up and have a huge hose washing down all the snow and they need to take all the decorations down, Pierre from Limpopo seems to have a huge stash that he has been given by them! So look at his shop this Christmas. It will be a shining beacon of light, bedecked with all kinds of fairy lights and wreaths.

This Sunday Church Street again will be the start of the Cabbage Patch 10 mile run which starts off really early and all the runners meet in Church Street and then go on to take part in the race. Lots of the pubs and a few of the snack bars open early to provide refreshments and toilets for the runners.

Tomorrow the banner for CAMRA will go up. It was due to go up on the 10th but was delayed until today because of the filming but I think Steve the window cleaner who is insured and usually puts our big banners up thought twice about putting it up with all the location crew in the street cleaning up from the shoot. The banner is for the 19th Twickenham Beer and Cider Festival which takes place from Thursday 24th to Saturday 26th October. The Festival will be held again in the Clarendon Hall/Hyde Room at YORK HOUSE.

## POLISH FOOD

We've just enjoyed a wonderful long weekend in Warsaw. One of the things that struck me was how incredibly reasonable the prices are there. Even sitting outside in the autumn sunshine in one of the main squares, the prices were extremely fair – a couple of drinks (alcoholic) costing just a few pounds – far less than we would expect to pay for one in the UK. The city has developed a lot since we were last there about ten years ago and there is so much to see and do. Everyone is so friendly and helpful.

And the Polish food...what can I say? I am hooked now on pierogi – those yummy little mini packs of deliciousness. Sweet or savoury, breakfast, lunch or dinner, hotel, restaurant or café, they hit the spot. I know you can buy packs of them in the many Polish supermarkets we have locally but if you fancy making some yourself, there is a recipe on the website Tasting Poland [here](#)



Bigos is the Polish hunter's stew and the perfect 'gut fill' but with good flavour. Very inexpensive to prepare, one of the main ingredients is cabbage but it benefits from long, slow cooking – so get that slow cooker out of the cupboard soon and put it to use!

### **The Best Polish Bigos Recipe (from polskfoods.com)**

This bigos recipe makes a dish for 8+ people (so cut quantities according to amount wanted):

- 4 slices of hickory smoked bacon
- 2 yellow onions, chopped
- 1 lb Polish Sausage, quartered
- 1 lb beef or pork stew meat (or double sausage)
- 2 cups mushrooms, sliced (wild is best)
- 4-5 large garlic cloves
- 3-4 medium carrots, diced
- 1.5 lb. drained sauerkraut (do not rinse)
- 5 cups cabbage, shredded
- 1.5 teaspoons dried thyme
- 1.5 teaspoons dried marjoram
- 1 teaspoon allspice
- 1 large bay leaf
- 2 tablespoons sweet paprika
- 1 teaspoon caraway seeds, crushed
- Pinch of cayenne



salt & pepper to taste  
1 cup dry red wine  
4 cups beef stock  
1 can diced tomatoes (optional)  
Mushroom powder (optional)  
Salt and Fresh Ground Pepper to taste  
1 cup chopped prunes

- 1. CARAMELIZE ONIONS & MUSHROOMS WITH BACON.** Place chopped onions in large stock pot with chopped raw bacon on medium heat. COVER. Mix occasionally until the onions start to brown. Add mushrooms and cook until soft. Do not make the bacon crispy.
- 2. ADD MEAT.** Add sausage and all meat, mixing and browning. If you need more fat, add olive oil. You do not want to over cook the meat, just brown on the outside. If you use good smoked Polish sausage, you do not need to brown very long.
- 3. ADD REST OF INGREDIENTS.** Put all ingredients together in your large pot, but not the prunes. If there is not enough room, add the cabbage first to reduce it a little.
- 4. SAUTÉ FOR 2 TO 3 HOURS ON LOW.** Cook until you reduce the liquid and it becomes more of a thick stew. Mix every 20 minutes or so and make sure it is not dry. You can add more red wine or broth if needed. Bigos should always be juicy. Taste, but it will not have the flavor until the next day. But, you can add more paprika or pepper.
- 5. ADD PRUNES.** Mix thoroughly and heat with prunes for another 10 minutes--until soft. Enjoy with Rye bread (if you can't wait), or store in fridge.

Really good with Potato Cheese pierogi too--and Cabbage, Mushroom, and Kraut.

And, finally, I have to confess that I have developed a penchant on my trip for Żubrówka Bison Grass Vodka, which contains a bison grass blade in every bottle. The grass is sourced from the Białowieża Forest. Each blade of bison grass is hand-picked and dried under natural conditions. You can buy it here in most supermarkets (On offer currently in Asda £15, or Waitrose Cellar has it for £16). You can either serve it in a frozen shot glass or I prefer it in a larger glass on the rocks. It makes a stonking Bloody Mary too!

*na zdrowie!*



[@theseasonedgastronome](#)

PARK PLAYERS PRESENT

# These Shining Lives

by Melanie Marnich

Wed 9<sup>th</sup> - Sat 12<sup>th</sup> October 2019

Booking online from Sept 1<sup>st</sup> [www.yourboxoffice.co.uk](http://www.yourboxoffice.co.uk)

Booking Helpline 07598 330234



Hampton Hill Theatre, 90 High Street, Hampton Hill, TW12 1NZ

This amateur production is presented by arrangement with JOSEF WEINBERGER LTD

Park Players is affiliated to Arts Richmond and this production is entered for the Swan Awards for  
Drama and Musicals.

# These Shining Lives

by Melanie Marnich

THESE SHINING LIVES chronicles the strength and determination of women considered expendable in their day, exploring their true story and its continued resonance. Catherine and her friends are dying, it's true; but theirs is a story of survival in its most transcendent sense, as they refuse to allow the company that stole their health to kill their spirits - or endanger the lives of those who come after them. Comedy and romance illuminate the play which is based on events that took place in the Chicago area, over the period 1922-1938.

How to book tickets:

Online: [www.yourboxoffice.co.uk](http://www.yourboxoffice.co.uk)

Booking Helpline: 07598 330234 (1.00-8.00pm Mon-Sat)

Performances: Wednesday 9<sup>th</sup> October 7.45pm

Thursday 10<sup>th</sup> October 7.45pm

Friday 11<sup>th</sup> October 7.45pm

Saturday 12<sup>th</sup> October 7.45pm

All Tickets: **£14** NO BOOKING FEE

Hearing Assistance: An infra-red hearing assistance system is available in the auditorium.

Personal systems with a T-switch will require an additional unit available in the foyer.

'In ear' headsets are also available.

Hampton Hill Theatre is fully accessible.

No refunds or exchanges of tickets purchased.

Doors open at 7.00pm. Latecomers will not be admitted until a suitable break in the performance.

Bar service available - cash and debit/credit cards accepted.



## These Shining Lives

by Melanie Marnich

Park Players, Hampton Hill Theatre until 12<sup>th</sup> October

*These Shining Lives* tells the true story of a group of women working for the Radium Dial Company in Ottawa, Illinois in the 1920s. The women painted the digits onto watch faces with radium that made the numbers glow in the dark. The jobs were popular as they paid well but the women did not know that the radium was a poison which would ultimately kill them. When they eventually found out, one of them took the company to court.



The subject of women coming together and taking action to improve the conditions in which they work has produced at least two other popular dramas that spring quickly to mind [The Matchgirls](#), and [Made in Dagenham](#), but of the three *These Shining Lives* might be best described as the most straightforward. It simply tells a story effectively.



In keeping with the clarity of the piece, Park Players have staged an efficient production of *These Shining Lives*. The stage is gently divided into sections: the factory benches at which the women work, the central character's home, and various offices for managers, doctors and solicitors.

There are many strengths to this production, casting being just one. The central character, Catherine, narrates the story as well as taking part in it. As played by Jo Viney, Catherine was an engagingly sweet-but-not-saintly woman. Her three co-workers Charlotte, Pearl and Frances (respectively Sarah Jane Brindley, Anneke Sando and Rebecca Tarry) formed an intelligently played trio whose relationships developed convincingly into friendships. Catherine's husband Tom (Daniel Gask) also came across as a rounded character and the strong relationship between the two was convincing.

The choice of sepia colours may not have been deliberate, but ...

Read Eleanor Lewis' review at [www.markaspen.com/2019/10/10/shining-lives](http://www.markaspen.com/2019/10/10/shining-lives)

Photography courtesy of Park Players



# A Taste of Honey

by Shelagh Delaney

The National Theatre at Richmond Theatre until 12<sup>th</sup> October, then on tour until 29<sup>th</sup> February

The taste of honey can be a bitter taste, an ironic thought when reflecting on all of the ironies that stream through this classical kitchen sink drama. Ironic too that we, the audience, are dimly reflected in a disintegrating mirror that stands at the back of the set.

From the viewpoint of 21<sup>st</sup> Century we can reflect on what we would find taboo and what would



we tolerate as an audience in 1958;

how we might have felt about premarital sex, miscegenation, homosexuality or abortion. Today, most people would not bat an eyelid, but in those days toes would curl to breaking point.

How remarkable then that an unexperienced teenager, Shelagh Delaney not only penned a play that touched on all these taboos, but boldly presented it to a leading theatre producer. And how bold it was that that producer, Joan Littlewood put that play, *A Taste of Honey* straight onto a major London stage.

The National Theatre's version of *A Taste of Honey* gives more than a nod to the original production but has a more contemporary approach to the staging. Hildegard Bechtler's design creates an atmosphere that is scruffy, smoky, seedy and subterranean. It is an empty warehouse; and it needs to be, for the wares are empty lives. It is open; and it needs to be, as busy

running changes are part of the action as each scene unfolds. What it is not, is claustrophobic; and it needs to be, as the lodging rooms that form most scenes are tightly closed spaces, each confining, pressuring and constraining taut human emotions. However, claustrophobia comes from Paul Anderson's moody lighting, delineating closed spaces with angular vaporous beams in an expressionist sepia style.

Read Mark Aspen's review at [www.markaspen.com/2019/10/09/taste-honey](http://www.markaspen.com/2019/10/09/taste-honey)

Photography by Marc Brenner





## Orpheus in the Underworld

by Jacques Offenbach, libretto by Hector Crémieux and Ludovic Halévy

English National Opera at the London Coliseum until 19<sup>th</sup> November

Balloons, fluff, pastel, these Emma Rice trademarks are not what might spring to mind as immediate images of hell, but it is her ability to counterpoise picture-book imagery against disturbing undercurrents that makes her contribution to ENO's Orpheus Series memorably different.



So what does Rice, in her debut as an opera director, do with Offenbach's spoof piece? We have balloon sheep, balloon bees, balloon tutus and a London taxi flying on a bunch of balloons. There are little wow moments and big wow moments. Fluorescent paint and phosphorescent light, within Malcolm Rippeth's colour-bursting lighting design, Lez Brotherston's zany costumes and an erotic fly puppet all add to the sense of a rumbustious romp.

... Yet there is an edge to this production that makes it feel very uncomfortable. The sheer nastiness and sleaze of some of the plot doesn't sit easily in a knock-about comedy. Offenbach and his librettists took Virgil's version of the Orpheus story, complete with abduction, murder, rape and incarceration and made it bearable by over-the-top lampooning, mocking the heaviness of the original. They were

also taking a side-swipe at convention by inverting Gluck's established *Orpheus and Eurydice* and covertly satirising the Napoleon III, then established as Emperor of the French and his court. Offenbach's operetta leans towards a cruel *Carry-On* approach, but with its hint of misogyny, it clashes with the radical 21<sup>st</sup> Century zeitgeist that Emma Rice would subscribe to. In trying to rein it back, she has missed the point. Her *Orpheus in the Underworld* has something of the gorgonzola about it: creamily enjoyable but veined with bitter threads ...

Read Mark Aspen's review at [www.markaspen.com/2019/10/07/orph-under](http://www.markaspen.com/2019/10/07/orph-under)

Photography by Clive Barda



# NO!! We're not closing

By Bruce Lyons

You know we have been in Church Street since 1966. I'm sure you can't remember (but I can) the Square was a bomb site!! I mean really a bomb site, masquerading as a car park! We had two-way traffic, yes it's true, two-way traffic. The street was pretty run down, but already really pretty too and it had potential, that is what drew us the possibility of finding a place to enjoy our work – it was pretty drab then too but the rents were cheap, or you could buy for what is now two years rent! Now with its high rent, perhaps we are all victims of our own success it is pretty hard to make ends meet what with the



current economic environment and all this online stuff. So, we have downsized from two frontages to just one, a trimmer, more affordable us, still with the same team and of course our beloved Chess set and the flowers and planters too.



People often say how do you survive in these internet days and the answer is simple. Times have changed – long gone, those Saturday queues with booking forms and cheques but with an extremely well-travelled and knowledgeable team who can put their hands to most demanding enquiries without bumping up the cost we are well placed to help those who don't know what they want or where to go or a little help to get their plans into budget and then our regulars would mostly prefer to trust us than the internet – fortunately. Many families change as their brood grows up, tastes change, youngsters like the beach to start with but as they grow - a bit of adventure and Exotic Travel kicks in. We know where to look or can even suggest sports and hobbies and where to find them and actually even we use the internet to good advantage.

Travel has changed too and the styles. The single market has burst in recent years and disabled travel too. One of the biggest growth areas is small group travel, sometimes slanted at soft adventure or even extreme sports but others with small group escorted tours by coach or rail with expert tour leaders.

The internet has made tour operators reach out to wider audiences and the result is your advantage, where once tours were often cancelled to lack of support now





the operator can reach markets far and wide and rarely need to cancel, and this also means that the range is wider too, appealing to vastly different audiences. What was very specialist is now not exactly the ordinary but readily available like Cycling tours, Cooking and Painting too, Creative writing anyone? One small group tour company “Back Roads” has had enormous success these last years.

- Years ago there were all over Africa Camping Truck tours, they still exist but the market has become more sophisticated which helps to deliver a more rounded product to the one where it was pretty basic a few years ago and we know where to find these and all the other things I referred to here. Nowadays we actually have Trade only wholesalers that specialise in specific forms of travel or countries and some of these are really inventive. I, especially, like Danieli who owns Typically Travel a specialist in Italy and Spain. Danieli barrages us almost on a daily basis with his Social Media “Bon Mots” here just a sample from this week
- 24<sup>th</sup> February, 4nt Short break to Rome “Meet the Pope” from £329
- 13<sup>th</sup> January, 5 nts 2 centre Venice & Barcelona, includes excursions from £389
- 10<sup>th</sup> March 7 nts Make the Most of Venice flights & 4 excursions Verona and Bologna and 2 others from £569

Not sure if Danieli suffers from insomnia or has a whole team of scribes dreaming up these trips – but I know it works as I am a good customer of his and I know he delivers too!!

What’s trending? Maybe there is even a bit too much choice here and it might lead to lower prices from the

intensive competition, it definitely leads to higher standards and more creative excursions

– River Cruising – this

sector definitely takes new clients all the time from Sea Cruising with the wonderful cities of Europe and elsewhere suddenly accessible in a leisurely style with little chance of you losing interest Many of the Rivers and Cities populated your geography lessons of yesteryear - what a choice drop in and we will show you a fantastic choice . Also, the excursions have become really well researched introducing the local special trades as well as their historical features



No, we are not closing indeed we hope we`re entering a new and exciting chapter and we will be seeing old friends and new clients beating a path to the Square on Church Street- even stop for a game of chess you will be very welcome!

# TRAVELLER'S TALES 51

## VOLGA CRUISE



### Doug Goodman takes a cruise from Moscow to St. Petersburg

After four very full days exploring Moscow it was a pleasant change to relax on the Viking Rurik for the cruise to St. Petersburg with stops on the way at key historical places. Free excursions and optional extra visits were available at every stop to fill the five days on the water. The route took us through 17 locks on the Moscow River and Canal, The Volga, River Svir, several lakes including Lake Lagoda, Europe's largest, before reaching the Neva at St. Petersburg. The distance covered was 1,300 kms. with a drop of 159 meters through the locks. Daily briefings were held and very detailed printed information given on the places visited.



Viking Ship 'Rurik'



Captain of Rurik



Tight Fit in the Lock



Heavy Traffic

### LIFE ON BOARD

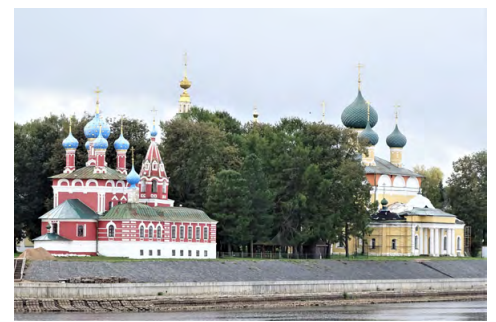
A small cabin with a balcony on the port side was our home for 12 days. Guests numbered almost 200 with 70% American. A well-stocked library, a gift shop and very efficient reception staff were available and a coffee bar with cakes provided free refreshments. Lunch could be a full meal in the big restaurant or a light meal in the Panorama bar with a fine view of villages and vast forests slipping past. Wines and beer were free at every meal and dispensed in very generous amounts. We met Captain Igor Epstein, who had been on the ship for 30 years, Stephanie our hotel manager and Doug, who gave many fascinating talks and organised excursions. Executive chef Cory and his staff served a wonderful choice of dishes at 7.00 every evening including many Russian specialities such as blinis with soured cream, pelmeni and borscht. Vodka and wine tastings took place, Russian lessons organised and deck parties with lavish buffets set up. Rurik is one of five Viking ships cruising the Russian waterways from May to October after which the rivers freeze. Even in mid-September the temperature dropped to 3 degrees Centigrade with a light snow flurry. However with warm clothing it was nice to sit on the sun deck to watch vast freighters slip past, to photograph gleaming church domes and to observe life along the river banks.



Village Scene



Deck Party



Cathedral in Yaroslavl

## DISCUSSIONS

We talked to many people about the situation in Russia today and under Communism. Ship's staff, who acted as guides, local guides and people we met in the towns and villages were open and frank with their comments. 'Putin is not popular and there's so much corruption', was frequently heard. 'The freedom we had is now being eroded', was another comment. About a third look back on the Soviet era with longing, another third hated the oppression while another section was indifferent. The lectures on Russian history from Czarist times to Putin's era were equally frank about repression over the ages.



Palekh-Painted Boxes



Warm Wooden House



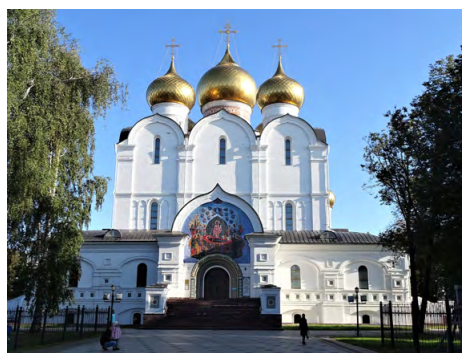
Matrioshka dolls

## UGLICH AND YAROSLAVL

Our first sight of Uglich, a town founded in 1148 on the banks of the Volga, was of coloured domes of the churches within a fortified Kremlin. Seven historic buildings including the Church of Dimitry on the Blood commemorating the murder of Ivan the Terrible's son and the five domed Transfiguration Cathedral were open to visitors. A trip to meet a family in a typical wood house, where cakes and home-made alcohol were served, ensured a lively exchange on ideas and lifestyles.



Winter Hats



Cathedral in Yaroslavl



Beautiful Frescoes

Yaroslavl was a delight. A bright sunny day in the traffic-free part of the city, where a half marathon was being run, showed its World Heritage Sites at their very best. Overlooking the Volga the city was built in the 10th century and has over 150 magnificent monuments including the churches of Elijah the Prophet, with beautifully preserved frescoes depicting life in 17th century Russia and a Noah's Ark with a unicorn, and the church of St. John the Baptist.

Local stall holders and small markets are set up at every port of call selling Matrioshka Dolls, Palekh – painted boxes, fur hats, scarves, food and drink and fake Soviet military items. Guide books are richly illustrated and well worth buying. Bargain a little to get a good price. A great purchase for me at £5 was an illustrated book on Pushkin's fairy tales. We left Yaroslavl after a very enjoyable day and cruised onwards where our next visit would be to a school.

Next week more Russian sights on the way to St. Petersburg.

# St Mary's University Update

## St Mary's Welcomes the University of Arizona Study Abroad to its Campus

St Mary's University, Twickenham has signed a new partnership with the University of Arizona (UA) to develop a UA Study Abroad Site on its Twickenham campus in London.

The partnership includes opportunities for University of Arizona students to complete a study abroad year or semester at St Mary's University.



Home to over 40,000 students, the University of Arizona was founded in 1885 and is a tier-one American research university located in Tucson, Arizona. Through its agreement with the University of Arizona, St Mary's will be enhancing its study abroad support staff to ensure the continuation of its high levels of student support.

St Mary's, which was founded in 1850, is rated Silver in the Teaching Excellence Framework and recently retained its Ofsted Outstanding rating.

Speaking of the new partnership St Mary's Vice-Chancellor Francis Campbell

said, "We are delighted to welcome the University of Arizona to St Mary's and we look forward to working together on enhancing international education opportunities for UA students. St Mary's is proud to be a global university, we welcome students from around the world to our campus and partner with a number of esteemed universities globally who enrich the experience of our students both on our campus in Twickenham and through the opportunity to study abroad."

Vice Provost for Global Affairs at University of Arizona Brent White said, "St Mary's University is renowned for its top student experience ratings. We are grateful for their willingness to share their beautiful campus with us, giving UA students a place to call home in one of the most remarkable cities in the world."

Pro Vice Chancellor for Global Engagement at St Mary's Paul Bridge added, "This innovative partnership brings together one of the best universities in the United States to St Mary's. We're looking forward to expanding our study abroad support staff in order to ensure that the University of Arizona and all of our valued partners continue to benefit from our high-level of student support and engagement."



St Mary's  
University  
Twickenham  
London

# FOOTBALL FOCUS

by Alan Winter



## BRENTFORD FC

### UNBEATEN RUN ENDS AT FOREST

**NOTTINGHAM FOREST 1 – BRENTFORD 0 Attendance 27,596**

Brentford's three-match unbeaten run was brought to an end by Nottingham Forest last Saturday. A game of few chances was settled early in the second half when Ben Watson volleyed in from a corner. That was enough to give the home side the points and a place in the top two of the Championship a quarter of the way through the season.



The Bees had won away at Barnsley last week and slotted home draws with Stoke City and Bristol City either side and will come away thinking they should have had another point. Neither team were particularly incisive in attack and Forest's best chances in open play came after they took the lead and the game stretched. But the hosts got the crucial goal and took the points.

Brentford: Raya; Dalsgaard, Jansson, Jeanvier, Henry; Jensen (sub Karelis 75 mins), Nørgaard, Dasilva (sub Benrahma 63 mins); Canós, Watkins, Mbeumo (sub Mokotjo 63 mins)

No football for Brentford this weekend due to the International break. Good luck to their many players who have been selected for international duty.

### BEES HOME TO MILLWALL NEXT SATURDAY

Championship football resumes next week with Brentford at home to London rivals Millwall. Griffin Park 3.00 kick-off.

***Come on you Bees!***

## HAMPTON & RICHMOND BOROUGH

### FA CUP EXIT FOR BEAVERS AT OXFORD

**OXFORD CITY 2 - HAMPTON 0**

Oh well, this is yet another season when Hampton and Richmond won't be gracing the FA Cup Final in May.

After a fairly even first half two goals inside 5 minutes in the second half put the Beavers to the sword. Owusu's spot kick following a Ryan Hill handball in the area, then Zac McEachran's neat finish minutes later ended the Beavers hopes and it is Oxford City who will go forward to the next round.



Next up for Hampton is a trip to Welling in the National League South today (Saturday 12th October).



# Richmond Film Society's 57th Season of World Cinema continues at The Exchange, Twickenham

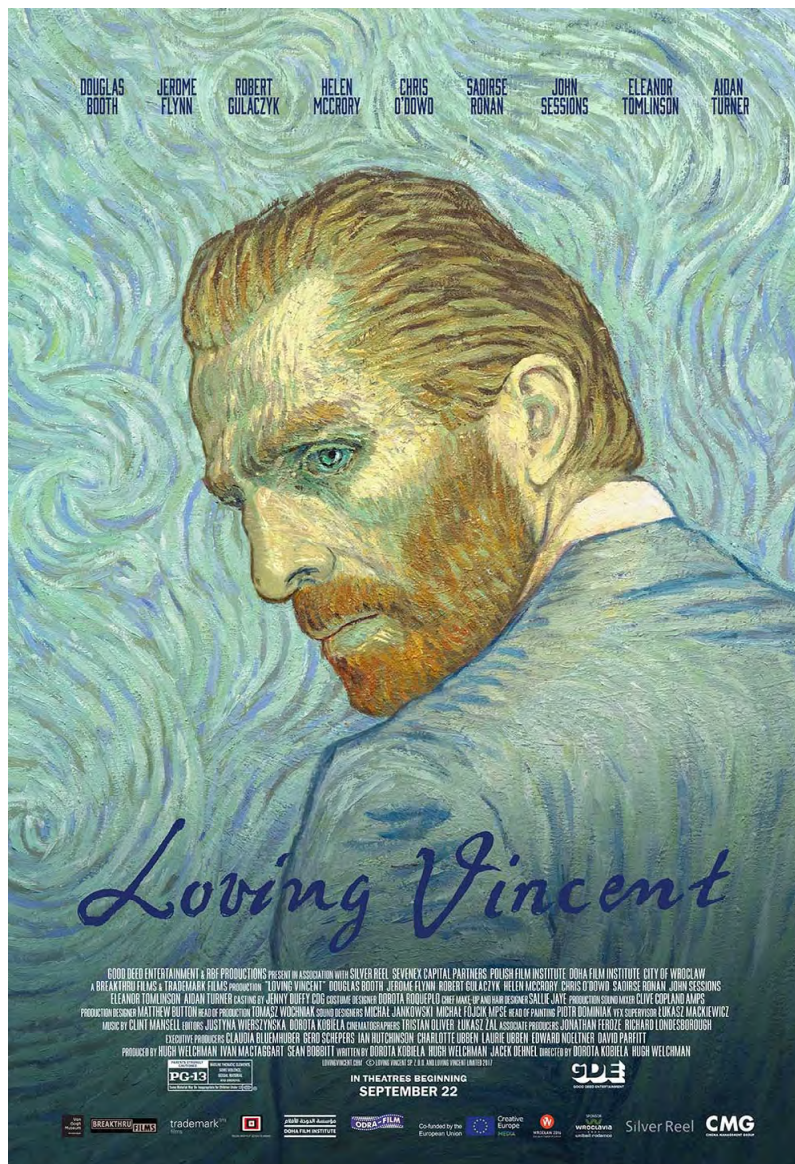
22nd October, 8pm

## 'Loving Vincent' (Poland/UK)

RFS's season continues with the world's first fully painted animated feature film is a biographical drama about the final days of Vincent van Gogh. Oscar-nominated and a Golden Globe and BAFTA winner for Best Animated Feature.

[www.richmondfilmsoc.org.uk](http://www.richmondfilmsoc.org.uk)

Non-member tickets are £5 (full-time students £3) and can be purchased in advance from The Exchange's Box Office (subject to a cap of 60) - in person, by telephone on 020 8240 2399 or online at [www.exchangetwickenham.co.uk/events/](http://www.exchangetwickenham.co.uk/events/). A further 50 or so tickets will be available to purchase on the door on the night of screenings (cash only) on a 'first-come-first-served' basis.



Films are shown at 8.00pm sharp on alternate Tuesdays (no trailers and no ads) and are screened at The Exchange, 75 London Road, Twickenham, TW1 1BE. On screening nights, the Bar is open from 7.00pm and remains open after the film. Drinks can be taken into the auditorium and coffee, tea and snacks are also available. Film notes are provided for each screening and audience feedback is obtained via response slips.

Half Page

Quarter Page  
Landscape

Quarter Page Portrait

Eighth Page

Eighth Page  
Landscape

Example advert sizes shown above

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